Ablative Scale

Skin Prep

Prepping the skin before any procedure is ideal to create an environment that is optimized for enhanced clinical outcomes. If a client is new to AnteAGE®, we recommend using the Serum and Accelerator at least 2 weeks prior to procedure. For clients getting lasers and deep peels, include Daily Brightener two weeks prior to help suppress melanin and reduce the risk of hyperpigmentation.

Microdermabrasion

<u>Immediately After Treatment:</u> Apply 1 vial of Exosomes, Growth Factor Solution or 2-3 pumps of Serum (Step 1).

Day 2+: Resume normal application of Serum and Accelerator.

Chemical Peels

<u>Immediately After Treatment:</u> Apply a layer of Exosomes or Growth Factor Solution followed by a layer of Biogel.

<u>Day 2+:</u> Continue playing biogel for the next week as needed. After seven days resume normal skincare of Serum and Accelerator.

Radio Frequency /MN <u>Immediately After Treatment:</u> Apply Exosomes or Growth Factor Solution and/or Hyaluronic Acid. <u>Day 2+:</u> Resume normal application of Serum and Accelerator.

Microneedling

<u>During Treatment:</u> Apply Exosomes or Growth Factor Solution to treatment area and use as a glide for your device.

Immediately After Treatment: Apply remaining Exosomes, Growth Factor Solution and extra HA throughout the day. Do not apply any other products, including SPF. 24 Hours Later: Resume normal application of Serum and Accelerator.

Plasma Resurfacing (NeoGen, J Plasma, etc.) <u>Immediately After Treatment:</u> Apply Exosomes or Growth Factor Solution followed by a layer of BioGel.

Day 1-7: 2-3 times a day apply a layer of BioGel. Day 7+: Continue to apply BioGel if needed.

IPL/BBL

<u>Immediately After Treatment:</u> Apply Exosomes, Growth Factor Solution or Brightening Solution to prevent PIH. Follow with 2-3 pumps each of Serum and Accelerator.

<u>Day 2+:</u> Normal routine of Serum and Accelerator.

Sublative/Fractional (Halo, Fraxel, etc.) <u>Immediately After Treatment:</u> Apply 1 vial of Exosomes or Growth Factor Solution followed by BioGel. <u>Day 2-5:</u> 2 times a day apply (on clean skin) Serum and Accelerator followed by BioGel. <u>Day 5+:</u> Normal routine of Serum and Accelerator may begin.

Ablative (CO2, Erbium, etc.)

<u>Immediately After Treatment:</u> Apply 1 vial of Exosomes or Growth Factor Solution followed by a layer of BioGel.

Day 1-7: 2-3 times a day apply a layer of BioGel.

<u>Day 7+:</u> Resume normal routine of Serum and Accelerator. Continue to apply BioGel if needed.